

KENDO SEMINAR INVITATION

Please read carefully and make sure you'll be there.

Ki-Ken-Tai-Icchi kendo club presents,

KENDO MINI SEMINAR TOGETHER WITH STPETERSBURG SHITEN KENDO CLUB 18 - 20. JUN 2010

White nights and kendo each summer in Helsinki or StPetersburg!

Helsinki KKTI and StPetersburg Shiten have been visiting each others alternately each summer for quite many years already. This seminar is about enjoying the best time of the summer and training kendo in informal atmosphere. The seminar is lead by KKTI teachers Markus Frey and Mikko Salonen.

⇒ The seminar is open to kendokas of all levels and clubs.

⇒ Accommodation will be arranged upon request.

SEMINAR PROGRAM (Changes possible)

Friday 18.Jun

18:00 Seminar opening
18:00 - 19:00 Kendo kata
19:00 – 20:00 Jigeiko,
uchikomikeiko for beginners

Saturday 19.Jun

10.00 -12.30 Training (incl break)
12.30- 13.30 Lunch
13.30 -15.00 Training
15.00 -18.00 Sauna
18:00 - Dinner & party

Sunday 20.Jun

10.00 - 12.00 Training
Seminar closing
Swimming and sauna

VENUE

All trainings are held at the KKTI dojo
At the Olympic Stadium
Addr: Hammarskjöldintie 4, 00250 Helsinki
Map: <http://www.kendohelsinki.org/?sivu=kartta>

COST

Whole seminar (Fri-Sat): 15e
Single day: Sat 10e, Sun 5e (Fri free)
Saturday sauna: 5e
Saturday dinner: paid on spot

SATURDAY EVENING

Sauna: Olympic Stadium sauna

Restaurant: Close to the Stadium, will be announced later.

REGISTRATION: by **MON 14.Jun** the latest

Registration by E-mail to:

ilmoittautuminen.kkti@gmail.com

In return, you will receive an invoice for the seminar fee and the sauna.

Please include the following info:

- 1) Name and club
- 2) Kendo grade, bogu/non-bogu
- 3) days of participation
- 4) sauna (yes/no)
- 5) Saturday night restaurant (yes/no)
- 6) Need for accommodation or possibility for home-stay

NB:

Accommodation: If you have a chance to offer home stay for people arriving from outside Helsinki, please tell us. Also, if you need a place to stay, please indicate that with your registration. The earlier the better.

Meals: There are no arranged meals. There are many restaurants and grocery stores around the seminar venue. We need to reserve a table for the Saturday night but the orders are placed in the restaurant from the menu. All meals are to be paid on the spot.

You are warmly welcome to enjoy kendo summer in Helsinki!

INQUIRIES

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